

Monty Matters

APRIL
2019

Next Food Swap,

5th May, from 10:30am to
11:30am

at Were St . Montmorency

It's Pizza time!



Steering Group

Convenor:

Katherine Barling

Co-convenor:

Claire Holm

Treasurer:

Garry Shilg

Secretary:

Alan Cuthbertson

Minute Taker:

Margaret O'Dowd

Editor:

Alan Cuthbertson

Ordinary members:

Jennifer Helmich

Pam Rowley

Vicki Jordan

Kay Tilley-Schilg

Araluen Power Generation

	Feb	Since Installation
Power generated	3.3 Mwh	54 Mwh
Savings	\$200	\$9,200

What's on

- **Wed 17th April** — Sugar Gliders Viewing (Pg 2)
- **Sun 5th May** — Food Swap—Pizza (Pg 4)
- **Thu 9th May**— Nepalese themed Dinner dance (pg 8)
- **Thu 16th May** — Creating New Friendships (pg 7)

NEXT Meeting:

Wed 3rd April

For info, contact:

email:

montymoves@gmail.com

Mob:

Katherine - 0413 941 170

Website:

www.transitionmonty.org

FaceBook:

Defending yourself in Court

As you may know, 18 months ago I was charged with obstructing police at a stop Adani protest in Qld.

Last week it came to court

For full details, see page 3

**BANYULE SUGAR
GLIDER PROJECT**

Nature Dusk Gathering April 17 2019

HEAR ABOUT LOCAL
BIODIVERSITY IN YOUR
AREA FROM ECOLOGIST
RICHARD FRANCIS & HOW
YOU CAN SUPPORT SUGAR
GLIDERS IN YOUR BACK
YARD.

If you cant make it on the
17th we would love to hear
from you, follow us on our
website & FB for more info.



Details

BOOKINGS ESSENTIAL
[facebook.com/
montmorencycommunitygroup](https://www.facebook.com/montmorencycommunitygroup)
more info; 0422989035
meet at 5.30pm, Edward Willis
Ct. Carpark, Lower PLenty
BYO torch & good walking
[/www.trybooking.com/BBYCB](http://www.trybooking.com/BBYCB)

Holidays in Qld—My Brush with the Law

Nearly 18 months ago I was involved in a protest to Stop Adani in Qld. We occupied an Adani work site. I was charged with trespass, which I accepted and paid the fine. I was also charged with Obstructing Police, a charge which I denied. A fuller report can be found at page 5 of our Jan 2018 newsletter http://www.transitionmonty.org/uploads/6/5/4/9/6549206/jan_2018_newsletter.pdf

My case finally came to court last week, so I had to travel to Qld to defend the case. The cost of getting a defence council was too great—more than the likely fine I could get, so I defended myself.

It was a very enlightening experience! Fortunately the judge was very helpful. When the prosecuting officer claimed a question was out of order, the judge would explain why and say “Mr Cuthbertson, if you were to rephrase the question as it would be acceptable”

I had expected it would be all over by lunchtime, but the prosecution had other ideas. She would ask twenty questions for every one I asked. At 5:30, after all evidence had been given, but before the prosecution and defence presented their summation the judge said “It is getting late and Mr Cuthbertson is looking very tired. If acceptable, I suggest that we adjourn until June for final submissions which Mr. Cuthbertson can give by phone”.

I was elated with the idea, but the defence was not. The judge sided with me. So now I have 2 months to get my submission all sorted out. I can even check with a QC I know as to what I should say!

The hardest part I found was cross examination. You would suggest that their statement was wrong, they would deny it and I had no where to go. It is much easier when they do it on TV.

The court was rather poorly equipped. We had to huddle around the prosecution lap top to watch some videos taken on the day.

After the days hearing, I am even more convinced that I have a good case. I just need to hope the judge agrees!

Alan Cuthbertson



Food Swap – Pizza Day – 5th May

Next Month, our food swap on 5th May will be our world famous wood fired pizza's at the Montmorency Primary School. So, come along and bring your special pizza topping and join in with everyone.

Previously we had some novel combinations including rhubarb, Feijoa and chocolate and even chili, basil and chocolate. The artichoke pizza and the home made cheese were also a favorite.

So come and see if we can make an even more exciting pizza this year!



Pick My Project—Solar Panels

Our project to install \$100,000 worth of solar panels is off and running! Around 4 groups have shown interest, including several Scout Groups and the Eltham Men's shed.

We have asked our 3 potential suppliers to quote for one of the sites. The best offer will become our preferred supplier and provided future quotes are similar, other providers will not be approached.

If you would like to be involved providing a technical review of the offerings, or to be involved in doing the project, please get back to me.

Also, if you know of a not for profit group that would like panels, please get back to me. It is important that they are responsible for paying the power bill, not council.

Alan Cuthbertson

AGE FRIENDLY BANYULE - HAVE YOUR SAY

In 2014 Banyule City Council became a member of the World Health Organization's Global Network of Age-friendly Cities and in 2016 a Signatory to the Victorian Age friendly declaration. Joining the Global and State Network, the Council made a commitment to a cycle of improvement that would positively influence the health and quality of life of older people. A core aspect to the Age friendly City approach is to include older people as active participants in this process.

In Banyule, the number of older adults aged 50+ years represents 36% of the total population. The council has a mandate to focus on the abilities of older people and support us "in navigating a changing world and to invent new, better and more opportunities to achieve things that people value as they age". (Banyule Older Adults Strategic Plan 2017-2021)

The commonwealth government is currently subsidizing additional services for older adults, so we have the means to live in our own homes longer.

There are two consultation opportunities in Montmorency this May, where older adults can be involved.

Firstly **The National Aging Research Institute** NARI is inviting seniors to be part of a facilitated one hour focus group on "what older people want from their health care?" (see page ??)

Secondly **Banyule council** is inviting people to a session "Creating New Friendships in Today's Society" on Thursday May 16th. See page ?? For details.

Jennifer Helmich, Montmorency Community Group



What do older people want from their health care?

Invitation to take part in a focus group

NARI is working with the Victorian Department of Health and Human Services to better understand what is important to older people in Victoria in relation to their health and wellbeing needs, at key points in their later life.

We would like to invite you to participate in a focus group to discuss your health care preferences, expectations and priorities. This information will inform a report to be provided to the Victorian Department of Health and Human Services, to assist them to develop health policy that is informed by older people themselves.

The focus group session will:

- Take approximately 60 minutes
- Be held at a local home in Montmorency
- On a Wednesday afternoon or evening in May

If you are interested in participating in this focus group or would like further information, please contact:

Jennifer Helmich, Montmorency Community Group
email- jennifer.helmich1@bigpond.com
phone 9439 8007

or

Dr Jessica Cecil NARI Research Officer
email: j.cecil@nari.edu.au
hone: 8387 2301



Creating New Friendships in Today's Society

Close friendships have become increasingly difficult in our modern world. As many as 1 in 4 adults have no close people at all, and while it may feel intensely personal, loneliness and isolation aren't an individual problem. They are a societal and structural ones.

In this workshop, we'll start by reflecting on your own experience of friendship over your life. We'll then use that to look at the broader challenges of supporting strong ties in modern society and what action we might take as individuals, organisations, and in council to make things better for all of us.

We are working with the founders of Kitestring to explore friendship to find new ways to strengthen the ties that matter most. For more information visit kitestring.org

Thursday 16 May 2019, 10.30am - 3pm (registration 10.15am)

Briar Hill Community Hall, 126 Mountain View Road, Briar Hill

Free event

Bookings essential on 9490 4222 or agefriendly@banyule.vic.gov.au

Friendship Groups in Banyule

Rosanna Fire Station Community House

Come and join our friendly friendship group. It is an opportunity for local people to meet other community members, learn and share skills. If you like knitting, bring it along.

The group meets once a fortnight on Wednesday from 1.30pm – 2.30pm.

For more information phone **9458 1935**

Livingstone Community Centre

1 Livingstone Street, Ivanhoe

Friendly Circle is a friendship group that goes on lunch outings, plays games and runs special events.

The group meet on the third Friday of every month from 1.30pm – 3pm.

The group is free to attend but sometimes there is a small charge for special events and lunches.

For more information phone **9497 2014**.

Watsonia Neighbourhood House

Get to know your community through social connections. Watsonia Neighbourhood House offer a range of social activities such as 500 Cards Club, men's breakfast, men's coffee group, Scrabble, social art, walking groups and heaps more.

For more information phone **9434 6717** or visit watsonianh.org.au



This critical facility will equip Nepalese teenagers with trade skills sorely needed for a nation still recovering from a devastating earthquake.

◆ Guest speaker: The Nepalese Consul General
◆ Cultural dance items ◆ Professional jazz band

Parents and Friends, Students of MSC and Rotarians are all invited.
Bookings are by Try Booking. Use the link provided:



Further enquiries: Ian Toohill 0414 359 365



CONTRIBUTIONS to our newsletter are welcome. Please send articles of interest to the newsletter coordinator by the 10th of each month. The newsletter is issued on the 15th of the month.

Please email to montymoves@gmail.com and send a copy to the Editor alan@diydoublagleaze.com.au .

Please use the subject line "Newsletter - (then add anything else after that)

ADVERTISING

Advertising is \$10 per quarter page but must be in line with the MCG ideals of community and sustainability.

Newsletter coordinator is Alan Cuthbertson

Email: alan@diydoublagleaze.com.au

Please ask permission to reproduce material. Montmorency Community Group endeavors to publish great content but holds no responsibility for opinions held or wrong information.

Montmorency Community Group Inc. Membership Form 2018–2019

You are invited to become a financial member of the Monty Community Group, by filling out this form and posting it (with your membership fee if you would like to pay by cheque) to the Monty Community Group at the address below.
Your membership will help to support initiatives of the Monty Community Group and our Transition Town program.

Name: _____

Address: _____

Email: _____

Mobile Phone: _____ Home Phone: _____

Membership Fee: \$10 per individual/household, \$5 concession, \$25 per business.

Payment Methods: Bank Deposit: Receipt Provided No. _____

Bank Account: Montmorency Community Group

BSB: 633 000

Account No: 140371089

When making a bank transfer, please ensure your name is noted so we can reconcile your payment with your application.

Payment by Cheque: Payment Enclosed: \$_____

Cheques payable to: Montmorency Community Group
PO Box 87 Montmorency 3094