

# Monty Matters

**SEPTEMBER  
2017**

## **Next Food Swap,**

**Sunday 1st October, from  
10:30am to 11:30am  
in Were St**



## **Steering Group**

### **Convenor:**

Katherine Barling

### **Co-convenor:**

Claire Holm

**Treasurer:** Ross Woodham

### **Secretary:**

Alan Cuthbertson

### **Minute Taker:**

Margaret O'Dowd

### **Editor:**

Alan Cuthbertson

### **Ordinary members:**

Rohan Johns

Jennifer Helmich

Pam Rowley

## **NEXT Meeting:**

Wed 6th September

## **For info, contact:**

email:

[montymoves@gmail.com](mailto:montymoves@gmail.com)

Mob:

Katherine - 0413 941 170

## **Araluen Power Generation**

During August:

1.4 Mwh Power generated

.65 tonne CO2 avoided

\$350 savings

Since Installation:

2.6 Mwh Power generated

1.01 tonne CO2 avoided

\$650 savings

## **What's on**

- **Sat 16th September—"Saving the Gallilee" film at Fed Square (pg 3)**
- **Sun 1st Oct—Food swap**
- **Fri 6th Oct—MASSG—Lunch with David Manne (Pg 4)**
- **Sat 18th Oct -Friends of Monty Bushlands**  
Annual excursion along Yarra:  
[www.facebook.com/events/1028150240552425](https://www.facebook.com/events/1028150240552425)

## Food Rescue by Julie Pegg



I've lived in Monty for nearly 17 years. I started a food rescue from connecting with some of the local green grocers, initially to get some greens for my horses. What it's become over time, is an opportunity to rescue near-use-by-date greens and odd shaped fruit and veggies. I collect this all once a week and take it to the Watsonia Neighbourhood House, where it gets distributed to members of the local community. Gold coin donations to the House are welcome, tho not a requirement. We now also do this with surplus bread from a local Bakers Delight store. What started as a way to feed my "kids" is now something i can do for the local community. It's developed into a network of us who collect and distribute the bread and its been an incentive for other neighbourhood houses in the area.

One of the other domino effects is that Watsonia Neighbourhood House is now into Boomerang bags, making and offering cloth bags made by volunteers, for people to collect their fruit and veg and bread. We even made big sacks to collect the bread to reduce the use of plastic. From 5-6 large plastic bags and 20 or more smaller plastic bags used every week, we now use next to none, and circulate dozens of hand-made boomerang bags both at the House and in the Watsonia shopping vil-lage as well.

Did you know that at least 25% of fresh produce is rejected because of its colour or slight variations that don't affect taste at all?

See <https://www.facebook.com/WatsoniaNH/>

Julie was also a nominee for Banyule volunteer of the Year Award.

See <https://www.banyule.vic.gov.au/Arts-and-Events/Volunteer-Awards> for the commemorative nominees booklet, with a picture of Julie.

## Foodswap

### Next foodswap

Our October foodswap will be held on October 1st, in Were Street Park, next to the Were St Food Store.

Note that its the long weekend, with the AFL Grand Final the day before.

Time 10.30am to 11.30am.

The Marmalade taste off was a wonderful experience for those who joined us on a cold wintry morning at the Monty Primary School. As well as a variety of marmalades to tantalise our tastebuds, there was home made bread and sour dough from local bakeries, as well as teas and coffees and home grown olives and tea cake just for variation. And as usual a great variety of seasonal produce from our local home gardeners.

This year the marmalade vote was a tie. Winners were a delicious orange marmalade from our amazing local cook Julie, and from 4 year old Dean a strawberry and orange marmalade, made with a bit of help from his mum Kate. Congratulations to both winners and to everyone who participated.

## #StopAdani



The #StopAdani Melbourne Group is sponsoring a free screening of the film "Saving the Gallilee" at Fed square this Saturday (16th) at 6:30.

This should be a fun activity for the whole family so come and learn more about the Adani Coal mine and get involved in the struggle to stop this mega mine.

<https://www.facebook.com/events/724914577696263/>

Alan Cuthbertson

[alan@diydoubleglaze.com.au](mailto:alan@diydoubleglaze.com.au)



Montmorency Asylum Seekers Support Group  
invites you to

## Do Lunch ... and Do Good

Join us at our annual Lunch

at Bridges Restaurant, Hurstbridge  
on Friday October 6th, 12.30 for 1.00pm.

Guest Speaker David Manne, human rights lawyer, migration  
agent and Executive Director of Refugee Legal.

All proceeds go to Refugee Legal for legal assistance for visa applications.



[Book Now](#)

Click the Book Now button above,

or go to <https://www.trybooking.com/buy-tickets/> and search for 'MASSG'



For more about MASSG, go to <https://massgblog.wordpress.com/>.  
Or contact us by email at [massginfo@gmail.com](mailto:massginfo@gmail.com).



Please book through Trybooking at: <https://www.trybooking.com/book/event?eid=312369>

Deadline for bookings is Monday 25th September.

## National Transition Summit

Banyule transition initiatives were well represented at the Municipal Association of Victoria (MAV) sponsored Transition Summit on 6 & 7 September.

It was held in the William Angliss Centre in King Street, with well over 100 attendees representing Councils as well as transition groups from around the country.

Mary Stringer gave some great examples of the challenges of starting out, how to keep going, and how to be open to the unexpected, whilst bringing the principles of head heart and hands to practical activities.

Cathy Stewart from Transition Newcastle spoke of the origin of Transition Streets (now well taken up in Banyule and Canberra) and the creation of Upccycle Newcastle, promoting repair and reuse, and the creativity that comes from offering pop up workshops.

Paul, Meg and Patrick gave us all a jolt of inspiration with the launch of a Transition Australia website portal that's been developed with support from the MAV for all transition initiatives and connected groups, and with input from many groups via the recent Victorian Transition Convergence and a team of transition volunteers. The vision to develop an inspiring connected and supporting platform for groups to build a localised sustainable and just future, and a one stop open doorway to transition groups in Australia is happening at the right time, with opportunities for social media, web presence, insurance, and reducing duplication and isolation of groups and group members. It was really exciting to recognise we are part of a growing movement.

Professor Rob Adams, Director of City Design and Projects at the City of Melbourne has a big vision for Melbourne and he's here for the long haul. He's into cities of hope and streetscapes that invite people to be part of something. He spoke of the increasing need for doing more with our streets, cutting off the corners, creating streetscapes, planting more trees and mixed use areas that encourage walking and hanging out. It was inspiring to hear his version of how Melbourne has changed, in fact how Melbourne has rebuilt 48% of the central city in a generation.

We also looked at and discussed some out of the box breakthrough ideas to make our communities resilient and sustainable. We will have a number of events in the coming months where you can come and discuss some of these ideas and others raised over the 2 days of the summit.



## Bush Dance



***The Carbon neutral salad***

It's happened. Our annual carbon neutral bushdance was on Saturday 5th August. A great multigenerational mix of locals and visitors kicked up heels and twirled and spun for another fab night out in Monty.

Thanks to everyone who put up posters, promoted, liked us on facebook, brought neighbours or family or friends, and for the fabulous friendly atmosphere that pervaded the night. As they say, we too can say a good night was had by all.

We did miss Alan and the dead fish game he usually ran. I hear he's better now. I invited a few younger people to run the game this year, and apparently this years version was the longest ever for this game, and the supper did get a bit cold. (Sorry to everyone who wanted something hot, I trust things got sorted!)

The best dish of the night was the carbon neutral salad, and I heard it was made by Julia with greens from her garden. Lovely!

Please email us your suggestions for how to be even more sustainable next year, any feedback, and any photos from the night to [montymoves@gmail.com](mailto:montymoves@gmail.com) or post them to our Facebook page

## Transition Convergence

Transition initiatives from all over Victoria, including metro, Geelong and Gippsland, and people from Transition Sydney came together for a day of sharing, creativity and inspiration at the Melbourne Community Hub in Docklands.

It was tricky to find this place at first, but now that we know where it is it's a good option for a Victoria wide gathering being only a short walk from Southern Cross Station (just to note for future possibilities).

One of the outcomes was sharing our Banyule Gardeners Almanac and our bushdance, and some of the other events we've been running. There was also great connecting with locals (from T3081, Murundaka cohousing, Sustainable Macleod and Transition Banyule) and those from further, including some newer groups and established groups. We also discussed the creation of a national transition online portal, which is very exciting. My sense of it all is there is a lot of ideas and ideas that can be followed up, though mostly, the good vibes and the connection lives on long after the day, and continues to inspire me, knowing there are many others working quietly in their communities to encourage and promote sustainability, climate action, and local activities that make each place a more connected, more friendly home for many.

## Volunteers Needed

We are looking for some interested people to assist us with making all the events come together. We have identified the following opportunities for keen volunteers to contribute to our local community, so come on.. get involved. Each role will take as little as a few hours each month, or more if you want.. everything is pretty flexible, any we aim to do most things together....

Volunteers for our social media posts - do you have a knack for social media and wish to expand your skills by working in with a passionate team of locals? it's an interesting and exciting challenge to think from a group approach rather than as an individual. who's up for the challenge? We are having an all in meeting soon so you can meet the gang.

Volunteers to update our website and keep it current - our dedicated volunteer and website manager is taking some leave so we want to hand this over to a small team who will keep our website connected, current and creative. Handover provided. 2 people required.

Volunteer Newsletter Assistant Editor - do you like looking for local news and activities that will suit locals of all ages? Are you connected to local groups and have a knack for reporting things that have happened or are about to happen? Perhaps you are a news-hound looking for a way to hone your skills on topics of sustainability or local community? Or an admin wiz looking for an opportunity to put your skills to work from your desk. Please let us know and we have a role for you!

Friends of Monty Bushlands are also keen to grow their volunteer base, so please let them know, or let us know and we will connect you.

email us at [montymoves@gmail.com](mailto:montymoves@gmail.com) or call one of the committee.

## North East Link - Have your say - It counts!

There's been a Banyule information night and several North East Link Authority events where we asked questions and got a few answers, and in some cases, even more questions. Banyule Council are inviting us to have a say on the postcards they have got all around, or online at [www.shapingbanyule.vic.gov.au/NEL](http://www.shapingbanyule.vic.gov.au/NEL)

Some of us in transition groups are wondering what evidence the authorities are using to determine what roads are needed. Clearly there are congestion problems across the north east. Clearly the authorities SAY there will be public transport improvements alongside the North East Link (NEL) development, tho we are yet to see details.

Some of the questions to ask are what evidence does the past suggest about the traffic problems? What evidence is there from the present - the current congestion and curfew challenges? And also, tho not many will be asking this question - What evidence does the future present to the NEL - a future with increasing numbers of people working closer to home, taking public transport or travelling shorter distances, an increased number of people concerned for our impact on the environment, doing more to reduce our impact and doing more to create a sustainable future for us all.

There's only a short time left to say something.

to speak via Banyule Council go to [www.shapingbanyule.vic.gov.au/NEL](http://www.shapingbanyule.vic.gov.au/NEL)

to speak via the North East Link Authority go to [northeastlink.vic.gov.au](http://northeastlink.vic.gov.au)

**CONTRIBUTIONS** to our newsletter are welcome. Please send articles of interest to the newsletter coordinator by the 10th of each month. The newsletter is issued on the 15th of the month.

Please email to [montymoves@gmail.com](mailto:montymoves@gmail.com) and send a copy to the Editor [alan@diydoublinglaze.com.au](mailto:alan@diydoublinglaze.com.au) .

Please use the subject line "Newsletter - (then add anything else after that)

**ADVERTISING**

Advertising is \$10 per quarter page but must be in line with the MCG ideals of community and sustainability.

Newsletter coordinator is Alan Cuthbertson

Email: [alan@diydoublinglaze.com.au](mailto:alan@diydoublinglaze.com.au)

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## **Montmorency Community Group Inc. Membership Form 2016–2017**

You are invited to become a financial member of the Monty Community Group, by filling out this form and posting it (with your membership fee if you would like to pay by cheque) to the Monty Community Group at the address below.  
Your membership will help to support initiatives of the Monty Community Group and our Transition Town program.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_

Mobile Phone: \_\_\_\_\_ Home Phone: \_\_\_\_\_

Membership Fee: \$10 per individual/household, \$5 concession, \$25 per business.

Payment Methods: Bank Deposit: Receipt Provided No. \_\_\_\_\_

Bank Account: Montmorency Community Group

BSB: 633 000

Account No: 140371089

**When making a bank transfer, please ensure your name is noted so we can reconcile your payment with your application.**

Payment by Cheque: Payment Enclosed: \$\_\_\_\_\_

Cheques payable to: Montmorency Community Group  
c/- 251 Old Eltham Rd, Lower Plenty, 3093